	— HO	TI	DRINKS ———		
	Reg	Large		Reg	Large
AMERICANO	3.3	3.6	HOT CHOCOLATE	3.5	4
LATTE	3.6	3.9	LUXURY HOT CHOCOLATE	4	4.5
CAPPUCCINO	3.6	3.9	ENGLISH BREAKFAST TEA	2.8	
ESPRESSO	3		EARL GREY TEA	2.9	
MOCHA	3.9	4.2	SPECIALITY TEAS Please ask for flavours.	2.9	
FLAT WHITE	3.5		ADD A SHOT OF SYRUP Caramel, vanilla or hazelnut.	0.65	

SOFT DRINKS ===

CHESHIRE APPLE JUICE (330ML)				
FRESH ORANGE JUICE				
POSH POP - CREAM SODA (330ML)				
POSH POP - SLOE LEMONADE (330ML)				
BUNDABERG GINGER BEER (375ML)				
ELDERFLOWER PRESSE				
RASPBERRY LEMONADE				
DANDELION & BURDOCK (275ML)				
COKE / DIET COKE (330ML)				
WATER Still or sparkling available.	- Small ^(425ml) - Large ^(750ml)			

	SMOOTHIES/FRAPPES	_
4	ICE COLD FRAPPES	4.5
4	Vanilla, banana, espresso or chocolate.	
3	PINEAPPLE, SPINACH & KALE SMOOTHIE	5
3	BERRY CRAZY SMOOTHIE	5
3		0
	STRAWBERRY & BANANA	5
3	SMOOTHIE	
3	GOOD MORNING CHESHIRE	5.5
3	SMOOTHIE Banana, mixed berries, Cheshire honey, natural yoghurt & muesli.	
3		
2		

*Within our kitchens we use nuts, fish, egg, shellfish, milk and gluten products and it is impossible to fully guarantee separation of these items in storage, preparation or cooking, although every effort is made to minimise the risk. Any bread or breaded product may contain nuts, sesame seeds or poppy seeds as a result of cross contamination during the baking process.

3.5



CLEAN & LEAN *(N) - Nuts *(V) - Vegetarian *(GF) - Gluten free BY EMMA WILSON *(N) - Nuts *(V) - Vegetarian *(GF) - Gluten free

BREAKFAST SERVED 8AM - 11:45AM DAILY

BREAKFAST MENU

CLASSICS _____

	THE CHESHIRE BREAKFAST	10.5	Served on your choice of multigrain or ciabatta roll.	
	Pork sausage, treacle cured bacon, mushrooms, black pudding, tomatoes, beans, free range egg		BACON	6
	& multigrain toast.		SAUSAGE Served with warm Tracklements Onion Marmalade.	7
	VEGETARIAN BREAKFAST (V)*	10		
	Baked beans, grilled tomatoes, button mushrooms, vegetarian sausage with cheese, spinach, fried egg		SAUSAGE & BACON	8
	& multigrain toast.		BACON & EGG	7
	EGGS BENEDICT YOUR WAY Two poached free range eggs on a toasted oven bottom muffin with hollandaise sauce:- - with smoked salmon	9.5	SAUSAGE, BACON & EGG	8.5
	 with treacle cured bacon with spinach & mushroom with avocado 		TOASTED	
	AVOCADO, SALMON & EGGS Poached eggs, smashed avocado & Macneil's smoked salmon, served on toasted multigrain twist.	10	TOASTED TEACAKE (V)* Served with a choice of locally made Mrs Darlington's strawberry Jam, Marmalade or Legendary Lemon Curd.	3
	BACON, AVOCADO & EGGS Poached eggs, smashed avocado & treacle cured bacon, served on toasted multigrain twist.	9.5	TOAST ^{(V)*} Served with a choice of locally made Mrs Darlington's strawberry Jam, Marmalade or Legendary Lemon Curd.	2.5
	POACHED EGGS ON TOAST Two poached eggs served on multigrain toast.	6.5	DEVONSHIRE BAKERY SOURDOUGH (V)* •*	3
	SCRAMBLED EGGS & SMOKED SALMON Scrambled eggs on multigrain toast with Macneil's	9.5		
	smoked salmon.		FRUITS & GRAINS	
F	CLEAN & LEAN BREAKFAST •*	10.5		
	Pork sausage, treacle cured bacon, mushrooms, black pudding, free range poached egg with wilted spinach.		PORRIDGE ^{(V)*} With a choice of honey, banana & forest fruit yoghurt or blueberries & strawberries.	5.5
			MUESLI, FRUIT & YOGHURT (V)* (N)* Muesli with forest fruit yoghurt topped with fresh berries.	6.5





SANDWICHES

BACON	6
SAUSAGE Served with warm Tracklements Onion Marmalade.	7
SAUSAGE & BACON	8
BACON & EGG	7
SAUSAGE, BACON & EGG	8.5